

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

June 2017

The Massry Residence

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
				9:45am Shul at DOS 10:30am **Yizkor Service ** 2:00pm Cheesecake Bar (L) Shavuot Ends at Sundown	10:00am Exercise (AR) <i>10:45am Library Outing</i> 1:30pm Parsha with Dr. Ann 2:30pm Shul at DOS 3:30pm Random Trivia (L)	10:00am Synagogue at DOS 2:00pm Saturday Matinee' (AR)
10:00am Exercise Video (AR) 2:30pm Debbie Fish and the Crowd Pleasers (L)	10:00am Chair Dancing with Shirley Goodman (AR) 10:45am Resident Meeting (AR) 2:00pm "To Life" with Richard Feldman (AR) 3:15pm <i>Walgreen's Outing</i> 6:30pm Yiddish Film Fest: Featuring 1939s <i>Tevye</i> , with Rabbi Cashman	HAPPY BIRTHDAY ETHEL 10:00am Exercise (AR) 10:45am Reading Group (FFEL) 2:30pm Legendary Characters (L) 3:45pm CAMP Categories (L) 6:30pm Movie (AR)	8:00am Breakfast on the Patio (P) 10:00am Gentle Chair Yoga with Noreen (AR) 10:45am Sunshine Committee (FFEL) 1:30pm Pet Visits with Abigail (L) 2:30pm Current Events (AR) 3:45pm Walking Group (L) 6:30pm Capital Land Chorus (L)	10:00am Exercise Video(AR) <i>10:00am Live and Learn Lunch Lecture at AJCC</i> 10:30am Art with Amy & Judy (AR) 2:00pm Rensselaer County Historical Society (AR) 3:30pm Bingo (AR) 6:30pm Leo Milman Trio (L)	10:00am Exercise (AR) 10:30am Yiddish Club (AR) 1:30pm Parsha with Dr. Ann (FFEL) 2:30pm Shul at DOS 4:30pm Shabbat Stories with Sharon (L)	10:00am Synagogue at DOS 2:00pm Saturday Matinee' (AR)
HAPPY BIRTHDAY GLADYS 10:00am Exercise Video (AR) 2:30pm Cole Broderick (L)	10:00am Chair Dancing with Shirley Goodman (AR) <i>10:45am Target Outing</i> 2:00pm "To Life" with Richard Feldman (AR) 3:30pm Walking Group (L) 6:30pm Tom Frame (L)	10:00am Exercise in the Activities Room 10:45am Reading Group (FFEL) 2:30pm Newcomers and Neighbors Social in the Activities Room 6:30pm Joe Gorman (L)	10:00am Gentle Chair Yoga with Noreen (AR) <i>10:00am Lunch Cruise on Lake George</i> 11:00am- 3:30pm Strawberry Festival & Block Party at DOS 2:30pm Current Events (AR) 6:30pm Movie (AR) <small>Flag Day (US)</small>	10:00am Exercise in the Activities Room 11:00am Lunch atop a Skyscraper (AR) 2:00pm Bingo in the Activities Room 3:45pm "Happy Accidents" in the Lobby	10:00am Exercise (AR) 10:30am Yiddish Club (AR) 1:30pm Parsha with Dr. Ann 2:30pm Shul at DOS 3:30pm Farewell to Paula Party (AR)	10:00am Synagogue at DOS 2:00pm Saturday Matinee' (AR)
HAPPY BIRTHDAY BETTY 10:00am Exercise Video (AR) 2:30pm Brian Zapel (L) HAPPY FATHER'S DAY!! <small>Father's Day</small>	10:00am Chair Dancing with Shirley Goodman (AR) 10:45am Nutrition Chat (AR) <i>3:00pm Historic Tour of Albany and Dinner at The Pump House</i> 6:30pm Movie (AR)	HAPPY BIRTHDAY MARTIN 10:00am Exercise (AR) 10:45am Reading Group (FFEL) 2:30pm Schmaltz Brewery: Beer Tasting (AR) 3:45pm Humor Stories (L) 6:30pm Tony Schettino (L)	8:00am Breakfast on the Patio 10:00am Gentle Chair Yoga with Noreen (AR) 11:00am Mimosas and Massage with Janine Mika (AR) 1:30pm Pet Visits with Abigail (L) 2:30pm Tri-County Banjo Band (L) <i>5:00pm Dinner and a Movie (AR)</i> <small>Summer Begins</small>	10:00am Exercise (AR) 10:45am Beat the Deck (AR) 2:00pm Dog Days of Summer Bingo (AR) 3:45pm Who, What, When (L) 6:30pm Scrabble in the Country Kitchen	10:00am Exercise (AR) <i>11:30 Lunch Outing to Takara</i> 1:30pm Parsha with Dr. Ann (FFEL) 2:30pm Shul at DOS 3:30pm Musical Finish Lines (L)	10:00am Synagogue at DOS 2:00pm Saturday Matinee' (AR)
10:00am Exercise Video (AR) 2:30pm Lost Radio Rounders (L)	10:00am Chair Dancing with Shirley Goodman (AR) 10:45am Dining Committee Meeting (PDR) 2:30pm Monthly Birthday with Bev Oudt on Piano (L) 3:45pm Walking Group (L)	10:00am Exercise Video (AR) 10:45am Reading Group (FFEL) 2:30pm Ice Cream Social (P) 6:30pm Nick Coluccio sings Sinatra (L)	10:00am Gentle Chair Yoga with Noreen (AR) 2:30pm Current Events (AR) 3:45pm Rabbi Beverly (AR) 6:30pm Patrick O'Connor on piano (L)	HAPPY BIRTHDAY DORIS 10:00am Exercise Video (AR) 10:30am Art with Amy and Judy (AR) 2:00pm Bingo (AR) 6:30pm Movie (AR)	10:00am Exercise Video (AR) 10:30am Yiddish Club (AR) 1:30pm Parsha with Dr. Ann 2:30pm Shul at DOS 4:30pm Shabbat Stories with Sharon (L)	P= Patio FFEL= First Floor East Lounge L= Lobby AR= Activities Room CK= Country Kitchen PDR= Private Dining Room