

Feel at Home at Daughters of Sarah

- Dedicated Rehabilitation Unit
- All rooms are private
- Private bathrooms
- Free flat screen tv in each room
- Free Wi-Fi
- In-suite "Catering to You" restaurant-style dining
 - Kosher food throughout ~ under Vaad supervision
- All on one floor
- Full-time staff physician

Our Community also offers:

- Gift Shop
- Beauty/Barber Shop
- Scheduled activities
- Religious Services (Jewish, Catholic & Protestant)
- Outdoor patio and garden path
- Pet visits welcome (must have current vaccination record for pets)
- Smoke-free building
- Transportation arranged for follow-up physician appointments



Our Mission

The mission of Daughters of Sarah Senior Community is to enhance the quality of life of those we serve by assuring maximum independence and dignity through a variety of residential, personal care, health and other quality services, consistent with Jewish tradition.



Daughters of Sarah Nursing Center is a Medicare provider. Private insurance and Medicaid are also accepted. We accept most major health plans including:

- CDPHP
- Empire Blue Cross
- Fidelis
- Medicare
- MVP Healthcare
- Senior Blue
- United Healthcare

...ask about our complete list.

Daughters of Sarah Nursing Center is licensed by the New York State Department of Health. State and federal laws prohibit discrimination based on sex, race, creed, color, national origin, sexual orientation, marital status, blindness, disability, age, source of payment or sponsorship in admission, retention and care of residents.

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Daughters of Sarah Senior Community is a beneficiary agency of the United Jewish Federation of Northeastern New York.



The
Rehabilitation
Center at

Daughters of
SARAH
SENIOR COMMUNITY

Short-Term
and
Outpatient
Rehabilitation Services



At Daughters of Sarah we offer Rehabilitation Services on an inpatient and outpatient basis. These services include physical, occupational and speech and language therapies. All of our service providers are specially trained and certified therapists.



Rehabilitation Care

Occupational and Physical Therapy provides skilled therapeutic interventions and strategies. They are designed to restore function, alleviate pain and continue quality of life to patients suffering from physical impairments and disabilities due to various neurological, cardio-pulmonary, orthopedic, medical, post-surgical, deconditioning and debilitating conditions.



Occupational and Physical Therapy

Following an injury or illness, the Physical Therapy Program at Daughters of Sarah helps patients restore their ability to move safely throughout their home and out in the community.

With the assistance of our Occupational Therapists, patients regain their ability to safely perform Activities of Daily Living, including:

- Eating
- Bathing
- Dressing
- Toileting

All of our Therapists work with patients to decrease pain and reestablish their:

- Balance
- Strength
- Flexibility
- Range of motion

Through the Rehabilitation Center at Daughters of Sarah Senior Community, patients work to achieve independence, and a productive and satisfying life.

Speech and Language Pathology

The Speech and Language Pathology program at Daughters of Sarah assists patients who have speech and language, and swallowing disorders. Our therapists focus on:

- Communication disorders
- Cognitive linguistic skills
- Dysphagia – a swallowing disorder that prohibits the ability to maintain adequate nutrition and/or hydration.

When you return home, you will be able to resume your Activities of Daily Living safely.

In preparation for returning home, your discharge team at Daughters of Sarah will:

- Arrange for at-home nursing visits
- Arrange for at-home therapy visits
- Recommend safety modifications to your home for maximum comfort
- Arrange for in-home adaptive equipment and training

Should you need continued therapy on an outpatient basis, The Rehabilitation Center at Daughters of Sarah can continue to provide that extension of care for you.



Our mock home environment enables patients to practice their Activities of Daily Living before returning home.

